

*Lunch Menu*



2022

# December

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Nuggets \$^+@ 2M, 1G Tater Tot 1/2cup V Apple Slices .5 Cup F	2 <b>PIZZA FRIDAY!</b> Cheese Pizza \$+^@ 2G 2M Carrots 1/2 cup V Tangerine .5 Cup F
5 Lasagna Roll up ^+@ 2M 1G Side Salad 1/2 cup V Diced Peaches 1/2 cup F	6 Turkey Hot Dog ^+ 2 oz M 1 oz G Tater Tot 1/2 cup V Applesauce 1/2 cup F	7 Popcorn Chicken +^% 1.5M .5 G Side Salad 1/2cup V Banana 1/2cup F	8 Bean & Cheese Burrito ^+@\$ 2M, 2 G Fresh Grapes 1/2 cup F Carrots 1/2 cup V	9 <b>PIZZA FRIDAY!</b> Cheese Pizza \$+^@ 2G 2M Side Salad 1/2 cup V Tangerine .5 Cup F
12 TacoNada ^+@ 2 oz M, 2 oz G Side Salad 1/2 cup V Frozen Fruit Bar 1/2 cup F	13 <b>UPSIDE DOWN DAY!</b> Pancake Breakfast Bowl \$%^+ 2M, 1G Celery Sticks 1/4 cup V Applesauce 1/2 cup F	14 Cheese enchiladas ^+@\$ 1.5M, 1.5G Side Salad 1/2 cup V Apple Slices .5 Cup F	15 Chicken Nuggets \$^+@ 2M, 1G Tater Tot 1/2cup V Banana .5 Cup F	16 <b>PIZZA FRIDAY!</b> Cheese Pizza \$+^@ 1G 1.5M Grape Tomatoes 1/2 cup V Tangerine .5 Cup F
19 Popcorn Chicken +^% 1.5M .5G Tater Tot 1/2 cup V Diced Peaches 1/2 cup F	20 Chicken Patty %\$^+ 2 oz M 3oz G Carrots 1/4 cup V Applesauce 1/2 cup F	21 Double Dogs ^+ \$ 2ozM 1oz G Side Salad 1/2cup V Apple Slices 1/2cup F	22	23
26	27 <b>UPSIDE DOWN DAY!</b> Waffle Breakfast Bowl %^+ 2M, 1G Applesauce 1/2 cup F Carrots 1/4 cup V	28 Grilled Cheese ^+@ 2 oz M 2oz G Side Salad 1/2 cup V Fruit Cocktail 1/2 cup	29	30

**All lunches  
Are served with  
Choice of  
Milk  
. Non Fat  
. 1%  
8oz. M**

- Peanuts!!
- Pork\*            Beef#
- Whey+            Soy\$
- Corn>            Wheat+
- Milk@            Gluten^
- Eggs%            Fish

**ALL GRAINS ARE WHOLE  
GRAIN RICH**

